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# Mobile Clinic for Health Education England

Case Study

  
**Health and  
Wellbeing Academy**  
University of Huddersfield

 @Hud\_HHS

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## Introduction

The aim of the [Health and Wellbeing Academy's](#) Mobile Clinic, here at the University of Huddersfield, is to make health advice and support more accessible across populations in Kirklees and beyond. The Mobile Clinic provides a mechanism for us, as a University, to actively contribute to local and regional priorities of reducing health inequalities.

Its focus is on conducting preventative health interventions through a range of basic health checks, including: blood pressure, pulse, respiration rate, oxygen saturations, temperature and signposting clients to advice and support groups, enabling them to make better choices in how they manage their health.

### The Mobile Clinic also:

#### Increases innovative student placement provision

It increases placement provision and provides innovative experiences for health and social care students, enabling them to gain a broad range of skills including communication and interpersonal skills, clinical proficiencies, clinical assessments, leadership, and decision making. Students practise these essential skills in settings different from traditional provision, providing them with an appreciation of wider community needs. Students also make an active contribution in a unique clinical setting, developing a comprehensive understanding of public health and the value of preventative healthcare.

#### Encourages recruitment

It creates opportunities for the Health and Wellbeing Academy to actively promote a range of health disciplines, helping to encourage recruitment onto health-related courses such as Nursing, Social Care and the Allied Health Professional pathways (E.g. Paramedic Science).

#### This health and public engagement initiative is based upon a community public health model

- There is a clear focus on improving health and wellbeing and reducing inequalities.
- Contributes to preventative healthcare and promoting the importance of a healthy lifestyle, helping people to live healthier lives and reducing demand on health and social care services.
- Provides a visible, recognisable, and flexible base for students to work from.

- There is a clear and comprehensive induction package delivered with students prior to their engagement with the Mobile Clinic. The students are supervised by a registered Health Care Professional.
- There is a calendar of community events, and the students are assigned to the Mobile Clinic as part of their placement.
- A diverse range of events continues to evolve and develop as partnerships with organisations become established and collaborations within communities strengthens.

## Governance

Delivering this service requires a comprehensive governance framework, policies and procedures and resources to manage and drive the vehicle, administrative support to manage and co-ordinate bookings, as well as supervisory support that is often required at weekends and bank holidays.

## Feedback from Students and organisations

### Feedback on health checks

“

Thank you for the health checks offered. Such **professionalism**, teamed with creating a rapport with my staff meant that everyone who had a health check **came away feeling positive**. Your **students were a credit to you** in the way they explained each step of their checks and talked everyone through the outcomes.

We will certainly look at planning some work again for the future!

**Andrew Hancox**  
Head Teacher  
Scholes Infant and Junior School



## The student journey: health checks



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Departments to support organisations with employee health and wellbeing.

## Links

- Further information can be found [here](#).
- Examples of activity can be found on the School of Human and Health Sciences Twitter account: [@Hud\\_HHS](#)

## Contact

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## Social media: #HWAHuddersfield



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## Work in progress and next steps

In collaboration with Yorkshire Ambulance Service, we will be offering Restart a Heart training. Data from Resuscitation Council UK and Yorkshire Ambulance Service has identified areas in our community that have low rates of bystander cardiopulmonary resuscitation (CPR). Some communities also have a higher prevalence of cardiovascular disease, so there is a need for preventative health interventions. Our aim is to visit these areas providing health checks and basic CPR training.

We are also working with businesses and secondary care Occupational Health



# Health and Wellbeing Academy

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**The Health and Wellbeing Academy**  
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